

# Melane MULLINGS

AUTHOR, BUSINESS MANAGEMENT  
CONSULTANT & ENTREPRENEUR

## Why Choke on the Pulp?

Squeeze your Life-Lemons into the  
Lemonade of Your Success!

How to turn challenging life experiences  
into success in life & business



Successful entrepreneur, cancer survivor, former registered nurse, business management consultant, registered professional trainer, motivational speaker and now author, Melane's inspiring personal journey of faith and perseverance toward purpose-driven success has granted her access to thousands through her speaking engagements, and consulting practice.

Melane's perspective balances the importance of our inner work, outer work and spiritual anchoring to achieve the truly abundant life. She is passionate about helping others discover their life's purpose while following their predominant passion, and empowers her audiences with key strategies they can practically implement to achieve purpose-driven, impactful, sustainable success, both in life and business.

## *Story ideas*

### **Get Out Of Your Own Way! Why YOU Are the Greatest Challenge To Your Success**

The #1 most important indicator for success in life and business

### **How To Use Pain to Find Your Purpose**

The two-step process that will reveal your life's purpose

### **Why The MBA Approach ISN'T The Way To Start a Successful Business**

The secret sauce to business success you won't learn in an MBA program

### **Are You "Spiritually Anchoring" Your Business?**

Three ways God can be your best silent partner

### **Beat The Burnout Blues**

Two simple steps to effectively escape burnout

### **7 Habits of Highly Effective Entrepreneurs**

How adopting these habits can lead to combustible success in business

### **Shoot Your Shot & Win!**

Three simple steps to apply an athlete's winning mindset to your life

## What people are saying about Melane:

"Melane brings a plethora of real and balanced experiences of starting, growing, maintaining, and successfully selling a business. More importantly, she is dedicated to helping others, and their businesses reach their potential with authenticity, integrity, confidence and joy."

- Tanya S.

"Melane...coached me as part of a group of new entrepreneurs. It was an experience that helped me redefine myself as a successful, passionate and purposeful business woman. Melane does a great job balancing pushing her clients to challenge their self-limiting beliefs and being supportive to help her clients to reach their goals. Melane is the epitome of professionalism and integrity in business. I am very confident and proud to recommend her; it's a worthwhile investment!"

- Mercy M.

## What people are saying about Lemonade!

"Melane has lived a life of faith and accomplishment that makes her ready to share how readers can journey from fear to success. Lemonade! shares how success through faith in God, perseverance and an understanding of one's life purpose is achievable. Anyone whose path of pain, fear or deep longing has held them back can - and should - read this book, and share it with others."

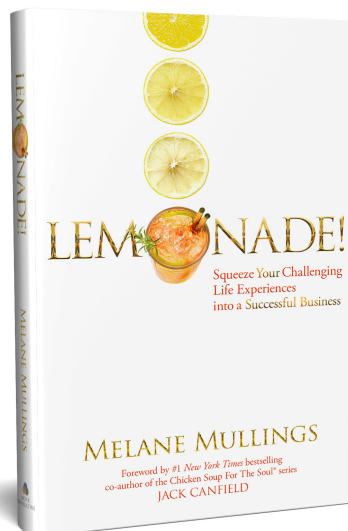
- Janice Bryant Howroyd

*First Black female in the U.S. to build and own a billion-dollar company, founder & CEO of the ActOne Group*

"Empowering, inspiring, and practical, Melane provides actionable strategies one can implement to transform their greatest challenges into success in business, through living their life's purpose. Lemonade! will give you the courage to believe that no matter your current circumstances, success is indeed attainable through faith, focus, perseverance, patience and a balanced approach to your life and business. A must-read for our times!"

- Rhett Power

*Bestselling author, contributing writer for Inc. & Forbes Magazines and named 2018's Best Small Business Coach in the U.S.*






"In this book, Melane lovingly holds your hand and step-by-step, lays out proven strategies that created success in her life...What I love about this book is the way that it reads—like a personal, encouraging and empowering note from a friend...I enjoyed reading it and found it to be highly inspiring. I'm sure you will too...This is a book that could change your life and propel you and your business to its highest heights. Take full advantage of this opportunity!"

- Jack Canfield

*#1 New York Times bestselling author, founder of the billion-dollar Chicken Soup for the Soul® publishing empire and world-renowned transformational speaker & trainer*

## Contact Info:

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## Media experience:

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